

Trauma Invested Practices for Families

Wallingford-Swarthmore School District Family Mental Health Engagement Series

"Understanding Behavior as a Form of Communication"

For families with Students in Grades 6-12



Learn how to define challenging behaviors and view all behavior as language. You will leave this workshop with a deeper understanding of how to observe and interpret behaviors as well as ways to approach challenging behaviors from your child in a productive way that best meets the needs they are communicating.

May 24, 6-7:30 pm via Zoom: Click <u>here</u>
Meeting details: Dial-in: 646 876 9923, Meeting ID: 986 7780 9888, Passcode: 571043

Presented by Eve J. Cannon, LPC, LPAT, ATR-BC, NCC

Eve J. Cannon is a licensed professional counselor, art therapist, and holistic health coach with a Master of Arts in Counseling from Caldwell University, Bachelor of Arts in Theatre Performance from Marymount Manhattan College, and certificate in Holistic Health Counseling from Institute for Integrative Nutrition. She has over a decade of experience working with children and adults providing clinical mental health and educational services in school, outpatient, residential, hospital, and private practice settings. Eve specializes in helping people use art as a tool to communicate and process challenging emotions and experiences, as well as upgrading lifestyle practices to improve overall wellbeing.